



# Le Kalon Spa

## Etiquette & Treatment Price List 2020

### Health comes first

Please notify your Therapists if you are pregnant, have high blood pressure, any physical ailments or disabilities. This will prepare our team in advance and provide you with seamless service and enjoyable experience. Shaving is not recommended before a body treatment or men's facial. If you choose to shave, please shave at least four hours prior to your Treatment.

**Allergies!** Please inform your Therapist of any known allergies as the products used in Le Kalon Spa may contain natural nuts.

### Assistance with Making an Appointment

To secure your booking we will require a credit card in order to guarantee the treatments booked along with contact details and a telephone number.

For external bookings please call: 020 7244 5371

For internal bookings please call: Ext 371

### Your Booking

Please arrive promptly for your scheduled appointment time in order to benefit from an enjoyable relaxing treatment. Arriving late will interfere with your treatment time therefore the treatment may not be as effective or therapeutic as you would have liked. All appointments will end at their scheduled time to avoid the next guest being delayed or inconvenienced in any way

### Vouchers

We offer gift vouchers to be used on any treatment or packages, please contact a Therapist for more information.

### Spa Payment

We accept all major credit cards, cash and gift certificates purchased through the hotel, for registered guests at the Hotel treatments may be charged to your room.

All products used during treatments are from leading cosmetic companies and are available for purchase.

Gratuities are not included with any of our spa treatments and are at your discretion.

### Cancellation Policy

Please ensure you notify the Spa 48 hours prior to your appointment time in writing if you need to cancel or reschedule. If you do not cancel within this period you will be charged 100% full payment for all treatments not cancelled in the time allotted. Services and prices are subject to change.

## Opening Times

Mon to Sun 10:00 -19:00

### Tour Philosophy

To protect the privacy of our guests while using Le Kalon Spa, we must limit the number of people we tour through our facility. Hotel guests may be invited to the Spa reception to view the spa and to be shown all the facilities of Le Kalon Spa. If staffing permits, they will be escorted on a mini tour to view the locker area, relaxation lounge and Hammam area.

Guests are not permitted to tour the men's and women's treatment areas due to protecting the privacy of the guests who are using the facility. The general public may not tour the spa at any time, unless by prior arrangement and shall be accompanied by a staff member or manager at all times.

Book Now  
+44 (0) 20 7244 5371  
spa@thebentley-hotel.com

## BODY AND MASSAGE TREATMENTS



*Massage is focused on relaxing the body and reviving the spirit: "true beauty is manifested from the inside out".*

*We offer a variety of massages which can help to restore a balanced energy flow to the body, easing muscular tension, dispersing the build-up of fatty tissue and softening the skin.*



### Swedish Massage

This is a bespoke treatment to release multiple knotted areas which show most tension, leaving you feeling revived, relaxed and yet energised.

**30 mins £40 | 60 mins £80**

### Aromatherapy Massage

The Holistic power of the essential oils issued to enhance relaxation, your mood and improve your body performance.

**30 mins £45 | 60 mins £85**

### Deep Tissue Massage

Deep Tissue Massage breaks up and releases the build-up of toxins by loosening the muscles. The perfect treatment to focus on the deeper layers of muscle tissue that will release you from all the built up tension due to stress and fatigue.

**30 mins £50 | 60 mins £90**

### Hot Stone Massage

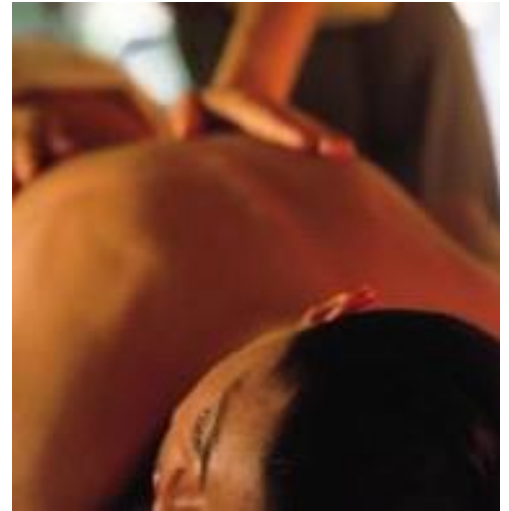
For hundreds of years, Hot Stone Massage has been used by many different cultures. Today therapists from all over the world apply the same techniques but in a fresh and innovative way in order to deliver wonderfully relaxing massage designed to work on muscle tension at the deepest level. The heat of the stones penetrates deep into the muscle tissue allowing the muscles to relax 4-5 times quicker than in an ordinary body massage, easing muscle tension and revitalising the muscle tissue by increasing blood circulation. The deep relaxation and increased blood flow to the areas being worked not only accelerates any healing processes but also creates a state of deep mental relaxation helping to relieve aches and pains, reduces stress and muscular tension.

**30 mins £60 | 60 mins £110**  
**Including Face 90mins £140**

### Indian Head Massage

A wonderful treatment that will relieve stress and mental fatigue, boosting circulation and increasing blood and oxygen supply to the scalp helping to improve hair growth.

**15 mins £25 | 30 mins £40**



## TURKISH HAMMAM



*Le Kalon Spa at The Bentley London can boast the authentic Turkish Hammam in a 5\* Hotel in central London.*

*Since ancient times the Hammam has been used for various water and body treatments to help alleviate the stress and strains of everyday living. Here you can experience and enjoy the therapeutic benefits of a variety of heat, body and beauty treatments.*



### **Self Use Hammam**

An intimate private session in our traditional Turkish Marble Hammam. Allow the steam to open up your pores to allow a deep cleanse with our Black & Green Olive with Eucalyptus Soap and a full body exfoliation with a Kessa Mitt. Perfect for groups, couples or simply for some relaxing tranquil time by oneself.

**30 mins £45 | 60 mins £60**

### **Le Kalon Hammam**

An intensely cleansing ritual which helps eliminate toxins and stimulates circulation. You will receive a full body cleanse and a Kessa Mitt exfoliation, gently removing all dead skin cells and leaving your skin feeling smooth and refreshed.

**60 mins £100**

### **Oriental Aromatic Hammam**

Experience a blend of the Far East combined with North African traditions. Begin your journey in the Hammam with a full body Black Soap cleanse followed by an Ayurvedic Spiced Scrub. Known for its ancient healing properties it will leave the skin fresh and ready for a pure Rassoul Lava Clay Mask; known for its powerful purifying properties, it is warmed with a luscious Honey, Rose & Ginger Mask and melted Shea Butter. The body is then enveloped in the highly nutrient effective warm wrap, working on removing impurities, smoothing, conditioning and restricting the skins tissue leaving your noticeably radiant and beautifully soft.

**90 mins £130**

### **La Sultane de Saba Luxury Hammam Ritual**

A deeply nourishing and intensely cleansing ritual which rejuvenates, eliminates toxins and stimulates circulation. Beginning with a Black Soap cleanse before a vigorous full body Kessa Mitt exfoliation with a fragranced Mineral Salt Scrub. Then the signature blend of melted Shea Butter and your chosen fragranced body oil is drizzled across the body for a deep-relaxation Massage sending you into a dream-like world.

**90 mins £140**



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## LA SULTANE DE SABA RITUAL TREATMENTS



*La Sultane de Saba unleashes the secrets of precious rituals and recipes that date back to the time of the Queen of Sheba and Cleopatra.*

*Using the finest, rare and precious essences from Eastern lands, you will be taken on a journey, discovering the most magnificent fragrances and decadent textures with exceptional effectiveness.*

*When combined with these ancient rituals from around the world, your mind and body will be transported and your senses indulged in a journey of pure relaxation. A source of escape and a promise of wellness.*



### La Sultane de Saba Mask

A warm mix of Lava Clay Rassoul, Honey, Rose & Ginger mask and melted Shea Butter are applied to help eliminate excess sebum, toxins and impurities from the surface and richly nourish the skin/hair with its natural smoothing and reconstructing properties.

**Short Hair 20 mins £15 | Long Hair 25 mins £25 | Full Body 30 mins £40**

### La Sultane de Saba Smoothing Salt Glow

A full body exfoliation using fragranced Mineral Salts in oil to remove dead skin and boost circulation. This is an essential treatment for healthy smooth skin and great to do before a tanning holiday.

**30 mins £50**

### La Sultane de Saba Back Cleanse Smoothie

A wonderful back treatment which cleanses and exfoliates the back. Black & Green Olive Soap with Eucalyptus Oil is used for a traditional deep-cleanse exfoliation, packed with vitamins to nourish the skin whilst the antiseptic property of the Eucalyptus clears the pores. Finishing with a tension-relieving massage to soothe muscles in those hard to reach areas. For optimum results carry out treatment during or after a Hammam.

**30 mins £50**



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### **La Sultane de Saba Muscle Melt Massage**

Using La Sultane's rich signature blend of warm oil and melted Shea butter, a full body massage is given to offer deep relaxation and relieve tension. Taking a choice of oil, the warm mixture is gently drizzled over the entire body and an intensive muscle melting massage is performed using deep massage moves and flowing techniques to leave your muscles soothed and mind and body relaxed.

**30 mins £50 | 60 mins £90**

### **La Sultane de Saba Hand OR Foot Ritual**

A traditional ritual to transform the hands OR feet into tip top shape. With a cleansing Black Soap treatment, complete exfoliation, buffing and tidying before slipping into a relaxing massage followed by an intense softening and nourishing warm Honey, Rose & Ginger wrap. Finished off with a rich scented moisturizing of the hands OR feet. Re-discover the soft silky touch of your hands OR soles!

**60 mins £65**

### **La Sultane de Saba Sweetness in Bloom**

'Mum to be' specialised treatment for expectant Mum's, focusing on key areas using the delicate sweet fragranced Orange Blossom throughout to promote a total sense of calm. Beginning with a specialised foot ritual to relieve swollen, tired legs and feet. Whilst the legs are resting a Black Soap and Eucalyptus oil cleanse is carried out to the face to ease blocked sinuses before a facial massage is given to smooth fine lines and tone the skin. A Honey, Rose & Ginger Mask packed with nutrients and sweet enough to eat is then applied which soothes and softens the face and neck. Finishing with a pure treat for the tummy using warm melted Shea Butter Massage which effectively works to prevent and reduce the appearance of stretch marks.

**60 mins £90**



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## LA SULTANE DE SABA FACIALS

### La Sultane de Saba Signature Facial

A customised facial featuring all the traditional La Sultane de Saba Parisian techniques. This signature treatment is a powerful deep-cleansing and nourishing facial. The products are selected based on skin type to ensure maximum benefits. Starting with a deep Black Soap and Eucalyptus cleanse to the skin before a sweet Sugar Cane & Prickly Pear exfoliation concentrating on those areas which you need the most. A facial massage then helps boost the circulation and tone the skin before applying a mask based on skin type, which further purifies, balances sebum levels and nourishes the skin. The mask is removed using Hot Mitts leaving skin noticeably cleansed, toned with a youthful radiant glow!

**60 mins £90**

### La Sultane de Saba Mini Radiance Facial

A mini version of the Signature Facial featuring Key Parisian techniques. This facial treatment will brighten, rejuvenate and balance all skin types.

**30 mins £60**

### La Sultane de Saba Repairing Argan Facial

A 'liquid gold' facial using the highly effective Argan oil taken from the precious Argan trees in Morocco. Renowned for its powerful antioxidants, high-concentration of Vitamin E and essential fatty acids – great for healing, encouraging skin cell regeneration and smoothing the skin. A complete and effective facial to leave you feeling totally relaxed and your complexion noticeably smoother and glowing.

**60 mins £90**

### Cleopatra's 23 Carat Gold Facial

Cleansing and refining exfoliation to enliven and energise the complexion. A relaxing gold and honey balm glides across the face, neck and décolleté for a firming massage. The balm then emulsifies into a milky gel which further purifies the skin. A gold radiance-enhancing mask gets to work then a few drops of the anti-ageing gold serum, enriched with caviar, Argan oil and Vitamin E complete this exceptional facial as the complexion's genuine beauty is unveiled. This opulent facial is ideal for smoothing wrinkles and restoring firmness and luminosity.

**60 mins £99**



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*La Sultane de Saba delves further into the treasures of ancient time. For centuries women have cherished the virtues of gold as a true beauty secret. Cleopatra was known to have applied a gold mask before sleeping, using these precious, healing gold minerals to enhance her beauty and restore a youthful radiance..*  
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## KARIN HERZOG FACIALS

### **Glyco Rose Peel**

The ultimate lunch hour facelift. The root to its enhanced performance lies in the ancient art of Acupressure and the benefits of Herzog's patented Oxygen therapy. In this treatment we use our strongest percentage of oxygen (3.6%). This converts to oxygen gas, as do all Herzog's oxygen formulas when applied to human skin. This conversion causes an increase in pressure with the oxygen gas being denser than the liquid. As the cream rapidly self penetrates deep into the dermis it creates an acupressure effect on the face. In conjunction the specific massage technique used in this facial ensures that real energy swirls in and out of each major meridian to ensure that blockages, stress and tension are eliminated and the face is lifted as a result.

**30 mins £65**

### **Oxygen Facial**

Voted "the best facial in the world" by The Times magazine. This is the treatment that most people start with and continue with until their skin is balanced and clear of major congestion. The oxygen goes deep into the skin creating a force and an energy that pushes trapped toxins and congestion up towards the surface for easy extraction. Finally the same oxygen works to heal and repair, results are astonishing.

**60 mins £90**

### **Anti-Aging Facial**

Works on anti-ageing principles, the ideal once a week treatment to maintain your skin. A divine, holistic, hand on treatment with no mechanical intervention. Results give an instant face-lift and radiance that lasts long after you have left the spa, making it a truly unique experience. Using mild fruit enzyme serums, to gently exfoliate, this facial reveals fresh oxygenated youthful skin and is a true age management, skin maintenance treatment. This treatment guarantees long term dividends. Skin looks fresher and instantly vibrant.

**60 mins £90**



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## LE KALON SPA PACKAGES

### Jetlag Relief

Feel revived and uplifted after a long tiring journey with a detoxifying full body scrub followed by a Relaxing Aromatherapy Massage.

**90 mins £120**

### Le Kalon Tranquillity

Spend the first hour in the Turkish Hammam and release all those muscle stress factors and let our therapists begin the cleansing exfoliation ritual with Black Soap and Mineral Salt Scrub. Followed by an Indian Head massage and finishing the tranquillity day with a Swedish Back Neck and Shoulder massage – with a complimentary glass of Champagne to add the final touch to the perfect day.

**2 hrs £170**

### Golden Delight Retreat

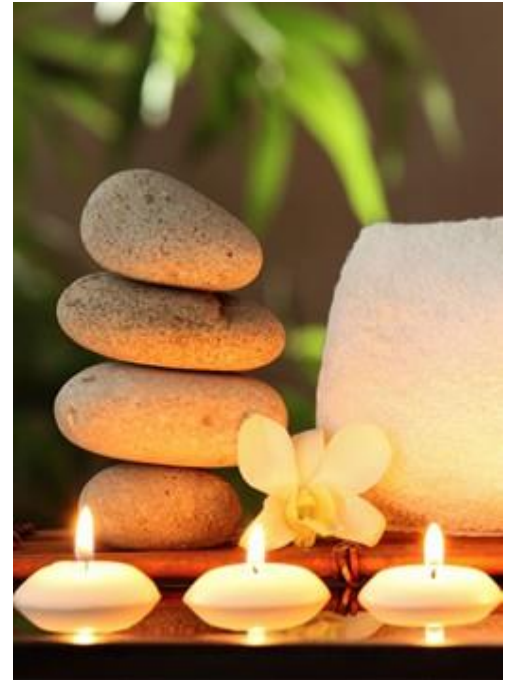
Your journey starts with a Hammam session, allow your Therapist to carry out a full Black Soap cleanse followed by a vigorous full body exfoliation with a Kessa Mitt and lovely scented Mineral Salt scrub. Relax whilst sipping on Tea and scrumptious Cakes before commencing a Cleopatra's Gold facial that will leave your skin feeling firm and luminous, thanks to its rich firming blends of Caviar, Argan Oil, Vitamin E and Pearl Extracts. Leaves you feeling gorgeous, relaxed and light as a feather.

**2 hrs 15 mins £180**

### The Ottoman Prince/Princess Retreat

Enjoy a luxurious spa day by relaxing in our traditional Turkish Hammam, followed by a Mini Radiance facial to rejuvenate your skin. We will add a Swedish massage and finish your treatment with an express manicure and pedicure. Later you can indulge in a selection of tea, with some fresh fruit or nibbles.

**2 hrs 30 mins £200**





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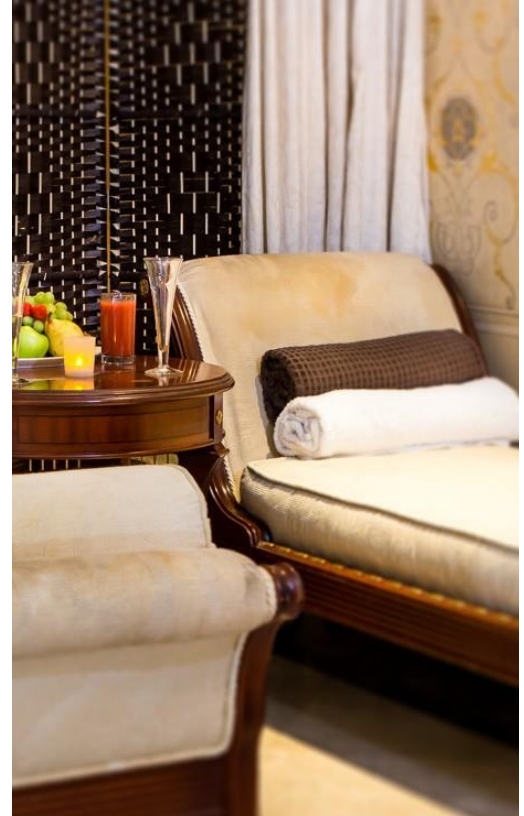
## LE KALON SPA COUPLES PACKAGES

### Couples Royal Retreat

Enter on a journey with a loved one...one where you will be immersed in the age-old cleansing and bathing rituals...one where your senses will be indulged letting your mind and body surrender to pure relaxation and wellness. Commence your treatment in the Hammam, just as it was centuries ago – a social event where the chitter-chatter flows as you enjoy the cleansing and purifying benefits from the Hammam Ritual. Stepping from the Hammam your dedicated Therapist will perform a Back Massage to relax all those hard worked muscles and kinks. Follow this with a luxurious La Sultane de Saba Hand OR Foot Ritual that will transform your hands OR feet into tip top shape leaving them soft and silky. Finish with an indulgent Cleopatra's Gold Facial containing precious 23-Carat Gold, Caviar, Pearl Extracts, Vitamin E and Argan Oil which help smooth away fine lines and leave your skin young and radiant again. Then take a moment to relax in our private relaxation area where you may indulge in a choice of fruity teas, chocolate cakes and pastries.

**3 hrs 30 mins £420**

**Please note that the price stated is for two people. This package is especially designed for a couples retreat, anniversaries and honeymoons. However package may be booked for one person alone at £230**



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## BEAUTY ESSENTIALS

### Luxury Manicure

Luxury Manicure includes a file, cuticle work, exfoliation, massage, mask and finished off with a paint of the nails with your chosen colour.

**60 mins £55**

### Luxury Pedicure

Leave with your feet as light as a feather with this full Luxury Pedicure. Includes a file, cuticle work, exfoliation, massage, mask and finished off with a paint of the nails with your chosen colour.

**60 mins £60**

### Mini Manicure

A quick file of nails, cuticle work and paint to maintain hands in tip top shape.

**30 mins £30**

### Mini Pedicure

A quick file of toe nails, cuticle work and paint to maintain feet in tip top shape.

**30 mins £35**

### Re-varnish

**15 mins £22**

### Waxing

**Half Leg 30 mins £25 | Full Leg 45 mins £38**

**Full Leg & Bikini 60 mins £55 | Bikini 15 mins £20**

**Under Arm 10 mins £20**

### Tinting

**Eyelashes 20 mins £20 | Eyebrows 15 mins £15**

**Eyelash & Eyebrow 30 mins £30**

