

#### Health comes first

Please notify your Therapists if you are pregnant, have high blood pressure, any physical ailments or disabilities. This will prepare our team in advance and provide you with seamless service and enjoyable experience.

Shaving is not recommended before a Body treatment or facial.

**Allergies!** Please inform your Therapist of any known allergies as the products used in Le Kalon Spa may contain natural nuts.

#### **Making an Appointment**

To secure your booking we will require pre-payment via online link in order to guarantee the treatments booked along with contact details.

For external bookings please call: 020 7244 5371 or

Hotel Reception: 020 7244 5555

For internal bookings please call: Ext 371

### Your Booking & Arrival Time

Please arrive promptly for your scheduled appointment time to ensure you benefit from an enjoyable relaxing treatment. Arriving late will interfere with your treatment time and your treatment time will be reduced, therefore the treatment may not be as effective or therapeutic as you would have liked. All appointments will end at their scheduled time to avoid the next guest being delayed or inconvenienced in any way. Guest must wear undergarments or swimwear during all treatments, failure to do so will result in cancellation of your booking.

We reserve the right to alter your treatments times on the day if necessary.

#### Gift Vouchers

We offer gift vouchers to be used on any treatment or packages, please contact the Spa for more information or visit our website.

## **Spa Payment**

Bookings are required to be paid in full upon making the booking via an online payment link. We accept all major credit cards, cash and gift certificates purchased through the hotel, for registered guests at the Hotel treatments may be charged to your room.

Gratuities are not included with any of our spa treatments and are welcomed at your discretion.

#### **Valuables**

The Spa accepts no responsibility for loss of valuables and jewellery at any time in the Spa premises. Lockers are provided to keep all personal items secured. Removal of jewellery may be required during treatments, we advise you leave jewellery at home. We ask you keep your phones, pages, tablets off or on silent and away from treatment areas. No photography is permitted in the Spa, unless agreed in advance.

#### **Cancellation Policy**

Please ensure you notify the Spa 48 hours prior to your appointment time in writing if you need to cancel or reschedule. If you do not cancel within this period you will be charged 100% full payment for all treatments not cancelled in the time allotted. All treatment re-arrangement is subject to alternative availability. Services and prices are subject to change.

# **OPENING TIMES**

Sunday to Saturday – 10:00am-7:00pm

### **Tour Philosophy**

To protect the privacy of our guests

while using Le Kalon Spa, we must limit the number of people we tour

through our facility. Hotel guests may be invited to the Spa reception to view the spa and to be shown all the facilities of Le Kalon Spa. If staffing permits, they will be escorted on a mini tour to view the locker area, relaxation lounge and Hammam area. Guests are not permitted to tour the

men's and women's treatment areas due to protecting the privacy

of the guests who are using the facility. The general public may not

tour the spa at any time, unless by prior arrangement and shall be accompanied by a staff member or

manager at all times

# **Retail Products**

All products used in Le Kalon Spa are from leading brand La Sultane de Saba.

Items can be purchased with the Spa Reception, please call or email for enquiries.



# **BODY AND MASSAGE TREATMENTS**

Massage is focused on relaxing the body and reviving the spirit: "true beauty is manifested from the inside out".

We offer a variety of massages which can help to restore a balanced energy flow to the body, easing muscular tension, dispersing the build-up of fatty tissue and softening the skin.

#### **Swedish Massage**

This is a bespoken treatment to release multiple knotted areas which show most tension, leaving you feeling revived, relaxed and yet energised.

30 Mins £50.00 | 60 Mins £90.00 | 90 Mins £140.00

#### **Aromatherapy Massage**

The Holistic power of the essential oils issued to enhance relaxation, your mood and improve your body performance.

30 Mins £55 | 60 Mins £95 | 90 Mins £150.00

### **Deep Tissue Massage**

Deep Tissue Massage breaks up and releases the build-up of toxins by loosening the muscles. The perfect treatment to focus on the deeper layers of muscle tissue that will release you from all the built up tension due to stress and fatigue.

30 Mins £60.00 | 60 Mins £100.00 | 90 Mins £160.00

## **Hot Stone Massage**

For hundreds of years, Hot Stone Massage has been used by many different cultures. Today therapists from all over the world apply the same techniques but in a fresh and innovative way in order to deliver wonderfully relaxing massage designed to work on muscle tension at the deepest level. The heat of the stones penetrates deep into the muscle tissue allowing the muscles to relax 4-5 times quicker than in an ordinary body massage, easing muscle tension and revitalising the muscle tissue by increasing blood circulation. The deep relaxation and increased blood flow to the areas being worked not only accelerates any healing processes but also creates a state of deep mental relaxation helping to relieve aches and pains, reduces stress and muscular tension.

30 Mins £70.00 | 60 Mins £130.00

### **Indian Head Massage**

A wonderful treatment that will relieve stress and mental fatigue, boosting circulation and increasing blood and oxygen supply to the scalp helping to improve hair growth.

15 Mins £30.00 | 30 Mins £50.00



### **TURKISH HAMMAM**

Le Kalon Spa at The Bentley London can boast the authentic Turkish Hammam in a 5\* Hotel in central London.

Since ancient times the Hammam has been used for various water and body treatments to help alleviate the stress and strains of everyday living. Here you can experience and enjoy the therapeutic benefits of a variety of heat, body and beauty treatments.

#### **Self Use Hammam**

An intimate private session in our traditional Turkish Marble Hammam.

Allow the steam to open up your pores to allow a deep cleanse with

our Black & Green Olive with Eucalyptus Soap and a full Body

exfoliation with a Kessa Mitt. Perfect for groups, couples or simply for

some relaxing tranquil time by oneself. This treatment is a Hammam Ritual which will be carried out by yourself.

30 Mins £50.00 | 60 Mins £65.00

Including an additional warm blend of a Rassoul and Honey Mask to be applied in the Hammam.

90 Mins £99.00

# Le Kalon Hammam

An intensely cleansing ritual which helps eliminate toxins and stimulates circulation. You will receive a full body cleanse using black soap and a Kessa Mitt exfoliation, gently removing all dead skin cells and leaving your skin feeling smooth and refreshed.

60 Mins £120.00

### **Oriental Aromatic Hammam**

Experience a blend of the Far East combined with North African traditions. Begin your journey in the Hammam with a full body Black Soap cleanse followed by an Ayuverdic Spiced Scrub. Known for its ancient healing properties it will leave the skin fresh and ready for a pure Rassoul Lava Clay Mask; known for its powerful purifying properties, it is warmed with a luscious Honey, Rose & Ginger Mask and melted Shea Butter. The body is then enveloped in the highly nutrient effective warm mask, working on removing impurities, smoothing, conditioning and restricting the skins tissue leaving you noticeably radiant and beautifully soft.

90 Mins £150.00



## LA SULTANE DE SABA RITUAL TREATMENTS

La Sultane de Saba unleashes the secrets of precious rituals and recipes that date back to the time of the Queen of Sheba and Cleopatra.

Using the finest, rare and precious essences from Eastern lands, you will be taken on a journey, discovering the most magnificent fragrances and decadent textures with exceptional effectiveness. When combined with these ancient rituals from around the world, your mind and body will be transported and your senses indulged in a journey of pure relaxation. A source of escape and a promise of wellness.

### La Sultane de Saba Luxury Hammam Ritual

A deeply nourishing and intensely cleansing ritual which rejuvenates, eliminates toxins and stimulates circulation. Beginning with a Black Soap cleanse before a vigorous full body Kessa Mitt exfoliation with a fragranced Mineral Salt Scrub. Then the signature blend of melted Shea Butter and your chosen fragranced body oil is drizzled across the body for a deep-relaxation Massage sending you into a dreamlike world.

90 Mins £170.00

### La Sultane de Saba Mask

A warm mix of Lava Clay Rassoul, Honey, Rose & Ginger mask and melted Shea Butter are applied to the bull body to help eliminate excess sebum, toxins and impurities from the surface and richly nourish the skin with its natural smoothing and reconstructing properties.

30 Mins £50.00

### La Sultane de Saba Smoothing Salt Glow

A full body exfoliation using fragranced Mineral Salts in oil to remove dead skin and boost circulation. This is an essential treatment for healthy smooth skin and great to do before a tanning holiday.

30 Mins £50

### La Sultane de Saba Back Cleanse Smoothie

A wonderful back treatment which cleanses and exfoliates the back. Black & Green Olive Soap with Eucalyptus Oil is used for a traditional deep-cleanse exfoliation, packed with vitamins to nourish the skin whilst the antiseptic property of the Eucalyptus clears the pores. Finishing with a tension-relieving massage to soothe muscles in those hard to reach areas. For optimum results carry out treatment during or after a Hammam.

30 Mins £60.00



# La Sultane de Saba Muscle Melt Massage

Using La Sultane's rich signature blend of warm oil and melted Shea butter, a full body massage is given to offer deep relaxation and relieve tension. Taking a choice of oil, the warm mixture is gently drizzled over the entire body and an intensive muscle melting massage is performed using deep massage moves and flowing techniques to leave your muscles soothed and mind and body

30 Mins £60.00 | 60 mins £110.00 | 90 Mins £170.00

#### La Sultane de Saba Hand OR Foot Ritual

A traditional ritual to transform the hands OR feet into tip top shape. With a cleansing Black Soap treatment, complete exfoliation, buffing and tidying before slipping into a relaxing massage followed by an intense softening and nourishing warm Honey, Rose & Ginger wrap. Finished off with a rich scented moisturizing of the hands OR feet. Rediscover the soft silky touch of your hands OR soles!

#### **Pregnancy Treatment**

### La Sultane de Saba Sweetness in Bloom

'Mum to be' specialised treatment for expectant Mum's, focusing on key areas using the delicate sweet fragranced Orange Blossom throughout to promote a total sense of calm. Beginning with a specialised foot ritual to relieve swollen, tired legs and feet. Whilst the legs are resting a Black Soap and Eucalyptus oil cleanse is carried out to the face to ease blocked sinuses before a facial massage is given to smooth fine lines and tone the skin. A Honey, Rose & Ginger Mask packed with nutrients and sweet enough to eat is then applied which soothes and softens the face and neck. Finishing with a pure treat for the tummy using warm melted Shea Butter Massage which effectively works to pre prevent and reduce the appearance of stretch marks. 60 Mins £100.00



## LA SULTANE DE SABA FACIALS

#### La Sultane de Saba Malaysian Carrot Facial

A beautifying treatment, using a fine scrub with sugar cane and organic carrot oil to reveal a refined complexion followed by an elixir with numerous virtues. The carrot oil, promoting radiance thanks to its rich vitamin C and essential fatty acid complex, combines with the beautifying mask to restore radiance and vitality to the skin. Finishing with a CC cream that will illuminate the skin and conceal imperfections. Rich in vitamins C and E the carrot will restore vitality and radiance for combination skin. A true booster treatment for a glowing flawless complexion.

60 Mins £110.00

#### La Sultane de Saba Repairing Argan Facial

Using the highly effective Argan oil taken from the precious Argan trees in Morocco. Renowned for its powerful antioxidants, high-concentration of Vitamin E and essential fatty acids — great for healing, encouraging skin cell regeneration and smoothing the skin. A complete and effective facial to leave you feeling totally relaxed and your complexion noticeably smoother and glowing. 60 Mins £110.00

### La Sultane de Saba Rose & Silk Facial

Using beautiful products infused in the fragrance of Rose and added benefits of Sweet Almond Oil, this facial restores the skin's radiance and youthfulness. The Rose throughout will help to calm and soften for beautiful skin. Using sugar cane infused with carrot oil to exfoliate and soften the skin. Carrot Root Oil which is rich in vitamin A, beta carotene helps to purify and is an anti-oxidant. A Honey mask suited to all skin types but particularly dull, dehydrated and mature skins, promotes healing & brightening, leaving the skin silky soft. 60 Mins £115.00

# La Sultane de Saba Mini Radiance Facial

A mini version of the La Sultane de Saba Signature Facials. Featuring key Parisian techniques. This facial treatment will brighten, rejuvenate and balance all skin types.

30 Mins £70



## Cleopatra's 23 Carat Gold Facial

Cleansing and refining exfoliation to enliven and energise the complexion. A relaxing gold and honey balm glides across the face, neck and décolleté for a firming massage. The balm then emulsifies into a milky gel which further purifies the skin. A gold radiance enhancing mask gets to work then a few drops of the anti-ageing gold serum, enriched with caviar, Argan oil and Vitamin E complete this exceptional facial as the complexion's genuine beauty is unveiled. This opulent facial is ideal for smoothing wrinkles and restoring firmness and luminosity.

60 Mins £120.00

La Sultane de Saba delves further into the treasures of ancient time. For centuries women have cherished the virtues of gold as a true beauty secret. Cleopatra was known to have applied a gold mask before sleeping, using these precious, healing gold minerals to enhance her beauty and restore a youthful radiance



# LE KALON SPA PACKAGES

# **Superhero Retreat**

Commencing with an exclusive hot steamy self use Hammam session, in which the muscles and mind can fully relax as the heat and steam prepares the skin for scented Mineral Salt Body Scrub. Your back will then be drizzled with a warm blend of Shea Butter and Oil to commerce a stress relieving back Massage.

#### 90 Mins £99.00

# **Pampered God**

All Men need some special care, prepare to relax with this ultimate indulging package.

Starting with an exclusive self use Hammam session which will prepare the skin for a detoxifying cleanse and scrub on the body. Following this you will receive a stress relieving Back Massage specifically designed to work out all aches and pains built up in the Muscles. An Indian Head Massage will continue to help release any stress and mental fatigue. A tailored La Sultane de Saba Mini Radiance Facial will ensure the skin feels revived and clear from blockage like that of an ancient Greek God.

# 2 Hrs £150.00

# Le Kalon Tranquillity

Spend the first hour in the Turkish Hammam and release all those muscle stress factors and let our therapists begin the cleansing exfoliation ritual with Black Soap and Mineral Salt Scrub. Followed by an Indian Head massage and finishing the tranquillity day with a Swedish Back Neck and Shoulder massage — with a complimentary glass of Champagne to add the final touch to the perfect day.

2 Hrs £190.00

### **Golden Delight Retreat**

Your journey starts with a Hammam session, allow your Therapist to carry out a full Black Soap cleanse followed by a vigorous full body exfoliation with a Kessa Mitt and lovely scented Mineral Salt scrub. Relax whilst sipping on Tea and scrumptious Cakes before commencing a Cleopatra's Gold facial that will leave your skin feeling firm and luminous, thanks to its rich firming blends of Caviar, Argan Oil, Vitamin E and Pearl Extracts. Leaves you feeling gorgeous, relaxed and light as a feather.

2 Hrs £210.00



#### The Ottoman Prince/Princess Retreat

Enjoy a luxurious spa day by relaxing in our traditional Turkish self use Hammam, followed by a Mini Radiance facial to rejuvenate your skin. We will add a Swedish massage and finish your treatment with an express manicure and pedicure. Later you can indulge in a selection of tea, with some fresh fruit or nibbles.

2 Hrs 30 Mins £235.00

### Billion Dollar Babe/Man

Experience an entire day of pure indulgence at the exclusive Le Kalon Spa at The Bentley London and live like a Hollywood Star for the day!

Includes:- An Oriental Aromatic Hammam, a full Body Swedish Massage, Mini Radiance facial, luxury Manicure and luxury Pedicure.

Accompanied by a complimentary sparkling cocktail of your choice and light lunch or afternoon tea.

**Duration: 5hrs** 

Total Price: £355.00 per person

# LE KALON SPA COUPLES PACKAGES

# **Choccy Delight**

Chocoholics can indulge at Le Kalon Spa with the "Choccy Delight" package.

First your body will detoxify with a 30 mins cocoa full body scrub. Besides being delicious, chocolate increases endorphins, contains minerals such as zinc and magnesium which help the skin and body decrease stress and improves your mood as well as increasing the natural production of collagen and elastin in the skin, boosts circulation, hydrates and rejuvenates the skin.

You will follow this with a 45 minutes fully body Massage fragranced with chocolate essence, the Massage will be adapted to your needs and target any areas which need the most care and attention.

You will finish with a natural glow and enjoy a delicious Hot Chocolate treat.

1 Hr 15 Mins £220.00 per couple

Package may be booked for one person at £115.00

# **Couples Royal Retreat**

Enter on a journey with a loved one...one where you will be immersed in the age-old cleansing and bathing rituals...one where your senses will be indulged letting your mind and body surrender to pure relaxation and wellness. Commence your treatment in the self use Hammam, just as it was centuries ago – a social event where the chitter-chatter flows as you enjoy the cleansing and purifying benefits from the Hammam Ritual. Stepping from the Hammam your dedicated Therapist will perform a Back Massage to relax all those hard worked muscles and kinks. Follow this with a luxurious La Sultane



de Saba Hand OR Foot Ritual that will transform your hands OR feet into tip top shape leaving them soft and silky. Finish with an indulgent Cleopatra's Gold Facial containing precious 23-Carat Gold, Caviar, Pearl Extracts, Vitamin E and Argan Oil which help smooth away fine lines and leave your skin young and radiant again. Then take a moment to relax in our private relaxation area where you may indulge in a choice of fruity teas, chocolate cakes and pastries.

3 Hrs 30 Mins £480.00 per couples.

Package may be booked for one person at £260.00

# **God/Goddess Retreat**

Indulge yourself and a loved one with this ultimate pampering experience. This package has everything you need to leave you feeling like a true god/goddess on cloud 9.

Start your experience with a traditional Hammam Ritual in which your designated Therapist will exfoliate your Body with an authentic Kessa Mitt, followed by a cleanse with the finest La Sultane de Saba Black and Green Olive Soap. Your Body will then be enveloped in a rich nourishing mask, prepared specifically for your skin type.

Once your Hammam Ritual is complete you will have a full Body Hot Stone Massage, designed to ease muscle tension and revitalising the muscle tissue by increasing blood circulation. This is accompanied with an Indian Head Massage to help release fatigue from the mind.

Finish your pampering delight with a 23 Carat Gold Cleopatra Facial, deeply nourishing and anti-aging enriched with caviar, Argan oil and Vitamin E complete this exceptional facial as the complexion's genuine beauty is unveiled. This opulent facial is ideal for smoothing wrinkles and restoring firmness and luminosity.

Complete the experience with a delicious fresh fruit platter and glass of prosecco.

Total Duration: 4 hours

Total Price: £595.00 per couple

Package may be booked for one person at £325.00



# **BEAUTY ESSENTIALS**

# **Luxury Manicure**

Luxury Manicure includes a file, cuticle work, exfoliation, massage, mask and finished off with a paint of the nails with your chosen colour.

60 Mins | £60.00

# **Luxury Pedicure**

Leave with your feet as light as a feather with this full Luxury Pedicure. Includes a file, cuticle work, exfoliation, massage, mask and finished off with a paint of the nails with your chosen colour.

60 Mins | £65.00

### Mini Manicure

A quick file of nails, cuticle work and paint to maintain hands in tip top shape.

30 Mins | £35.00

#### Mini Pedicure

A quick file of toe nails, cuticle work and paint to maintain feet in tip top shape.

30 Mins | £40.00

**Re-varnish** 

15 Mins | £25.00

Waxing
Half Leg 30 Mins | £25.00
Full Leg 45 Mins | £38.00
Full Leg & Bikini 60 Mins | £55.00
Bikini 15 Mins | £20.00
Under Arm 10 Mins | £20.00