



TREATMENTS AT LE KALON SPA ETIQUETTE PRICE LIST 2014

Le Kalon Spa at The Bentley London

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Opening Times

The opening times of Le Kalon Spa are as follows: Monday to Sunday 10am-7pm

Tour Philosophy

To protect the privacy of our guests while using Le Kalon Spa, we must limit the number of people we tour through our facility.

Hotel guests may be invited to the Spa reception to view the spa and to be shown all the facilities of Le Kalon Spa. If staffing permits, they will be escorted on a mini tour to view the locker area, relaxation lounge and Hammam area.

Unfortunately guests are not permitted to tour the men's and women's treatment areas due to protecting the privacy of the guests who are using the facility. The general public may not tour the spa at any time, unless by prior arrangement, and shall be accompanied by a staff member or manager at all times.

Assistance with Making an Appointment

A spa receptionist will coordinate a spa experience specifically for your needs. You will require a credit card in order to guarantee the treatments you have booked along with a contact telephone number. If you are a hotel guest we would require only your room number.

Turkish Hammam

Le Kalon at The Bentley London can boast the only authentic Turkish Hammam in a 5* Hotel in central London. The experience of an authentic Turkish Bath is one that must be had when visiting Le Kalon Spa. The use of the Hammam is by appointment only and is for exclusive use only. You are also able to book an authentic Hammam experience and treatment combination or perform the Hammam ritual yourself if you prefer a more private approach.

Customer Requests

You may request a specific massage or beauty therapist while booking your appointment. We cannot guarantee that we will have your request available at all times. All Spa employees are trained to the highest possible standards and to respect the privacy of our guests in order to create a comfortable relaxing environment for all.

Health Problems and Comfort Level

Prior to booking treatments please notify the receptionist dealing with your booking. If you are pregnant, have allergies, high blood pressure, any physical ailments, or disabilities. This will prepare our staff in advance to provide the best possible spa treatment or therapy for you.

Guest Timeliness

We ask that you arrive promptly for your scheduled appointment time, in order to benefit from an enjoyable relaxing treatment. Arriving late will possibly interfere with your treatment time so therefore the treatment may not be as effective or therapeutic as you would have liked. All appointments will end at their scheduled time, so that the next guest is not delayed or inconvenienced in any way.

Shaving

Shaving is not recommended before a body treatment or men's facial. If you choose to shave, please shave at least four hours prior to your Treatment. Shaving is not permitted in the Hammam or saunas of Le Kalon for Hygiene reasons.

Spa Payment Enquiries

If you are a registered hotel guest with The Bentley Hotel, Use of the gym and sauna facilities of Le Kalon are complimentary. If you have provided us with a credit card for your accommodation, this will allow you to charge any treatments that you might have to your room. We accept all major credit cards, cash and gift certificates purchased through the hotel. Gratuities are not included with any of our spa treatments and are at your discretion.

Products

Please inform your Therapist of any allergies you may have as products used in Le Kalon Spa can contain nuts and plant based oils. Products used during treatments are also available for purchase.

Cancellation Policy

Please notify the spa reception 24 hours prior to your appointment time if you need to cancel or reschedule. If we do not receive a call or you cancel within this period you will be charged 100% full payment for treatments not cancelled in the time allotted.

Services and prices are subject to change.

For in-house reservations, please dial extension - 371

For external reservations, please call - 020 7244 5371

LE KALON SPA HAMMAM TREATMENTS

The luxurious and beautifully crafted Spa provides guests with a unique marble lined Turkish Hammam. Since ancient times the Turks have been taking regular water and massage treatments to alleviate the stress and strains of everyday living. Here in the Hammam you can experience and enjoy the therapeutic benefits of a variety of heat, body and beauty treatments.



SELF USE HAMMAM – 30 mins / 60 mins £75/£90

Have an intimate private session in our Traditional Turkish Marble Hammam. Allow the steam to open up your pores to allow a deep cleansing with Black & Green Olive Soap with Eucalyptus Oil and a full body exfoliation with a Turkish Kessa Mitt. Perfect for groups, couples or simply for some relaxing tranquil time by oneself.



LE KALON HAMMAM – 60 mins £90

This intensely cleansing ritual helps eliminate toxins and stimulates circulation. Beginning with a Black Soap cleanse, your Therapists will then start a full body exfoliation using a traditional Turkish Kessa Mitt which will remove all dead skin cells leaving you feeling refreshed and your skin smooth.



ORIENTAL HAMMAM – 75 mins £130

Experience a blend of the Far East combined with a North African tradition. Begin the journey in our Hammam while our Therapist give you a full body Black Soap cleanse followed by an Ayurvedic Spiced scrub, known for its ancient healing properties it will leave the skin fresh and ready for a pure Rassoul Lava Clay mask. Known for its powerful purifying properties, it is warmed with a luscious Honey, Rose & Ginger mask and melted Shea Butter. The body is enveloped in this highly nutrient effective, rich warm wrap with removes impurities, smoothes, conditions and restructures the skin's tissue, leaving it noticeably radiant and beautifully soft.



COMBINATION HAMMAM – 90 mins £120

A deeply cleansing ritual which helps eliminates all toxins and leaves the skin feeling fresh and clean. Begin this experience in our lovely marble Hammam, where our Therapists will give you a full body cleanse with our Black & Green Olive with Eucalyptus Oil soap followed by a vigorous traditional full body exfoliation with a Kessa Mitt. Finished off with a 30 minute relaxing Swedish massage to fully relax those hard worked muscles.



LA SULTANE DA SABA SIGNATURE HAMMAM RITUAL – 90 mins £140

Deeply nourishing and intensely cleansing ritual which rejuvenates, eliminates toxins and stimulates circulation. Beginning with a Black soap cleanse whilst in the Hammam, before a vigorous full body traditional exfoliation with a Kessa Mitt and a fragranced mineral salt scrub. Then, the signature blend of melted Shea Butter and your chosen fragranced body oil is drizzled across the body for a deep-relaxation massage sending you into a dream-like world.



LA SULTANE DE SABA DETOX GREEN TEA TINGLER – 90 mins £120

The ultimate uplifting, circulation-boosting treat to fight off that orange peel and make way for super smooth, radiant skin! This will include an uplifting surge of Green Tea & Ginger exfoliating mineral salts to activate microcirculation, encourage skin cell renewal and promote a healthy glow. Followed by a purifying lower body wrap to target problem areas and a deep tissue massage across the lower body to promote lymphatic drainage. A perfect treat for getting legs in tip top shape or even just as an uplifting energising boost.

BODY AND MASSAGE TREATMENTS

Massage is focused on relaxing the body and reviving the spirit - true beauty is manifested from the inside out. We offer a variety of massages which can help to restore a balanced energy flow to the body, easing muscular tension, dispersing the build-up of fatty tissue and softening the skin

SWEDISH MASSAGE – 30 mins £40 / 60 mins £80

This is a bespoke treatment to release multiple knotted areas on which show most tension. This will leave you feeling revived, relaxed and yet energised.

AROMATHERAPY MASSAGE – 30 mins £45 / 60 mins £85

This is a treatment done with essential oils. The Holistic power of essential oils issued to enhance relaxation, your mood and improve your body's performance.

DEEP TISSUE MASSAGE – 30 mins £80 / 60 mins £120

Deep Tissue Massage breaks up and releases the build-up of toxins by loosening the muscles. A perfect way to focus on the deeper layers of muscle tissue that will release you from all those tensed, tired and stressed muscles

HOT STONE MASSAGE – 30 mins £60 / 60 mins £110

For hundreds of years, hot stone massage has been used by many different cultures and modern-day therapists apply the same techniques for a wonderfully relaxing massage designed to work on muscle tension at the deepest level. The heat of the stones penetrates deep into the muscle tissue allowing the muscles to relax 4-5 times quicker than in a standard body massage, easing muscle tension and revitalising the muscle tissue by increasing blood circulation. The deep relaxation and increased blood flow to the areas being worked not only accelerates any healing processes but also creates a state of deep mental relaxation helping to relieve aches and pains, reduce stress or muscular tension.

HOT STONE MASSAGE INCLUDING FACE – 90 mins £140

INDIAN HEAD MASSAGE – 15 mins £25 / 30 mins £40

A wonderful treatment that will relieve stress and mental fatigue while improving circulation and increasing blood and oxygen supply to the scalp. This is good for people who spend lots of time in front of a computer.

SCALP MASSAGE – 15 mins £20

A deep relaxation massage on the scalp allows blood circulation to flow more easily to the hair roots also helping improve hair growth and lessen hair loss. Can also help eliminate the feeling of depression and stress.

LA SULTANE DE SABA RITUAL TREATMENTS

La Sultane de Saba unleashes the secrets of precious rituals and recipes that date back to the time of the Queen of Sheba and Cleopatra. Using the finest, rare and precious essences from Eastern lands, you will be taken on a journey, discovering the most magnificent fragrances and decadent textures with exceptional effectiveness. When combined with these ancient rituals from around the world, your mind and body will be transported, and your senses indulged, in a journey of pure relaxation. A source of escape and a promise of wellness.



LA SULTANE DE SABA MASK

A warm mix of Lava Clay Rassoul, Honey, Rose & Ginger Mask and Melted Shea Butter are applied to help eliminate excess sebum, toxins and impurities from the surface and richly nourish the skin/hair with its natural smoothing and reconstructing properties.

SHORT HAIR MASK – 20 mins £15

LONG HAIR MASK – 25 mins £25

FULL BODY MASK – 30 mins £ 40



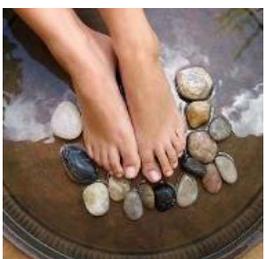
LA SULTANE DE SABA SMOOTHING SALT GLOW – 30 mins £50

A full body exfoliation using fragranced mineral salts in oil to remove dead skin and boost circulation. A truly energising and circulation boosting experience finishing with our body lotion/oil application. This is an essential treatment for healthy smooth skin and great to do before a tanning holiday.



LA SULTANE DE SABA MUSCLE MELT MASSAGE – 30 mins £50 /60 mins £90

Using La Sultane's rich, signature blend of warm oil and melted Shea butter, a full body massage is given to offer deep relaxation and relieve tension. Taking a choice of oil, the warm mixture is gently drizzled over the entire body and an intensive muscle melting massage is performed using deep massage moves and flowing techniques to leave your muscles soothed and mind and body relaxed.



LA SULTANE DE SABA HAND/FOOT RITUAL – 60 mins £75

A 7-step traditional ritual to transform the hands/feet into tip top shape. With a cleansing black soap treatment, complete exfoliation, buffing and tidying before slipping into a relaxing hand/foot massage followed by an intense softening and nourishing warm Honey, Rose & Ginger wrap. Finished off with a rich scented moisturizing of the hands/feet. Re-discover the soft silky touch of your hands and soles!



LA SULTANE DE SABA BACK CLEANSE SMOOTHIE – 30 mins £50

This is a wonderful back treatment to thoroughly cleanse and exfoliate the back. Black soap with Eucalyptus is used for a traditional, deep- cleanse exfoliation – packed with vitamins to nourish the skin whilst the antiseptic property of the Eucalyptus clears the pores. Finishing with a tension-relieving massage to soothe muscles in those hard to reach areas. For optimum results carry out treatment during or after Hammam.



LA SULTANE DE SABA SWEETNESS IN BLOOM (MUM TO BE) – 60 mins £90

Specialised treatment for expectant Mum's, focusing on key areas using the delicate sweet fragranced Orange Blossom throughout to promote a total sense of calm. Beginning with a specialised foot ritual to relieve swollen, tired legs and feet. Whilst the legs are resting a Black Soap and Eucalyptus Oil cleanse of the face to ease blocked sinuses before a facial massage is given to smooth fine lines and tone the skin. A Honey, Rose & Ginger mask, packed with nutrients and sweet enough to eat is then applied which soothes and softens the face and neck. Finishing with a pure treat for the tummy using warm melted Shea butter massage which effectively works to prevent /reduce the appearance of stretch marks.



UPLIFTED SOLES (MUM TO BE) – 45 mins £60

A specialised treatment for expectant Mum's to be. A candle-lit foot ritual provides complete lower leg and foot relief using Green Tea & Ginger to energise and uplift the soles! Includes a gentle exfoliation and warm Shea Butter massage using pre-natal techniques to reduce puffiness and nourish the skin.

LA SULTANE DE SABA FACIALS



LA SULTANE DE SABA SIGNATURE FACIAL – 60 mins £90

A customised facial featuring all the traditional La Sultane de Saba Parisian techniques. This signature treatment is a powerful deep -cleansing and nourishing facial. The products are selected based on skin type to ensure maximum benefits. Starting with a deep Black Soap and Eucalyptus cleanse to the skin before a sweet Sugar Cane & Prickly Pear exfoliation concentrating on those areas which you need the most. A facial massage then helps boost the circulation and tone the skin before applying a mask based on skin type, which further purifies, balances sebum levels and nourishes the skin. The mask is removed using hot mitts leaving skin noticeably cleansed, toned with a youthful radiant glow!



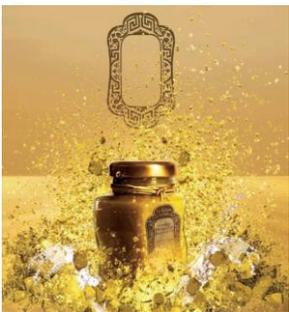
LA SULTANE DE SABA MINI RADIANCE FACIAL – 30 mins £60

A mini version of the Signature Facial featuring Key Parisian techniques. This facial treatment will brighten, rejuvenate, and balance all skin types.



LA SULTANE DE SABA RAPAIRING ARGAN FACIAL – 60 mins £90

This 'liquid gold' facial uses the highly effective Argan Oil taken from the precious Argan trees in Morocco. Renowned for its powerful anti-oxidants, high-concentration of Vitamin E and essential fatty acids – this is great for healing, encouraging skin cell regeneration and smoothing the skin. A complete and effective facial including a deep head and neck massage to leave you feeling totally relaxed and your complexion noticeably smoother and glowing.



CLEOPATRA'S GOLD FACIAL – 60 mins £99

La Sultane de Saba delves further into the treasures of ancient time... for centuries women have cherished the virtues of gold as a true beauty secret. Cleopatra was known to have applied a gold mask before sleeping... using these precious, healing gold minerals to enhance her beauty and restore a youthful radiance. Cleansing and refining exfoliation to enliven and energise the complexion. A relaxing gold and honey balm glides across the face, neck and décolleté for a firming massage. The balm then emulsifies into a milky gel which further purifies the skin. A gold, radiance-enhancing mask gets to work whilst a relaxing head and scalp massage encourages the mind to relax. A few drops of the anti-ageing gold serum, enriched with caviar, Argan oil and Vitamin E complete this exceptional facial as the complexion's genuine beauty is unveiled. This opulent facial is ideal for smoothing wrinkles and restoring firmness and luminosity.

KARIN HERZOG FACIALS



EXPRESS KARIN HERZOG FACIAL – 30 mins £50

An express lunch times facial to meet all your needs on the go. Start with a rich cleanse of the face followed by an exfoliation. A relaxing facial and décolleté massage is carried out then a rich nourishing face mask is applied to the face and neck to help restore nutrients to the skin. A day protection and eye cream is then applied to keep the skin fresh and ready to go.



PORE DRAW FACIAL – 60 mins £85

Voted “the best facial in the world” by The Times, this is the treatment that most people start with and continue with until their skin is balanced and clear of major congestion. The oxygen sterilises both the therapist's hands and the client's skin and makes sure that there is no risk of cross infection. The oxygen then goes deep into the skin creating a force and an energy that pushes trapped toxins and congestion up towards the surface for easy extraction. Finally the same oxygen works to heal and repair the skin following extraction. Results are visibly clearer skin not swollen or angry.



SMOOTHIE – 60 mins £85

This facial is essential for good skin maintenance. It works on anti -ageing principles to maintain the skin. The ideal once a week treatment for your skin. A divine, holistic, hand on treatment with no mechanical intervention. Results give an instant face-lift and radiance that lasts long after you have left the salon, making it a truly unique experience. Using mild fruit enzyme serums, to gently exfoliate, this facial reveals fresh oxygenated youthful skin. Voted top in a review of all other top of the range salon facials, this treatment is a true age management, skin maintenance treatment. Essential for smoker's, whose skin is starved of vital nutrients. This treatment guarantees long term dividends. Skin looks fresher more vibrant, instantly, and gives the appearance of having just completed a ski run.



GLYCO ROSE PEEL – 45 mins £65

The ultimate lunch hour facelift. The root to its enhanced performance lies in the ancient art of ACUPRESSURE, and the amazing benefits of Herzog's patented Oxygen therapy. In this treatment we use our strongest percentage of oxygen (3.6%). This converts to oxygen gas, as do all Herzog's oxygen formulas when applied to human skin. This conversion causes an increase in pressure with the oxygen gas being denser than the liquid. As the cream rapidly self penetrates deep into the dermis it creates an acupressure effect on the main meridian/pressure points of the face. In conjunction the specific massage technique used in this facial ensures that real energy swirls in and out of each major meridian to ensure that blockages, stress and tension are eliminated, and the face is lifted as a result.

CO-CO² CHOCOLATE OXYGEN FACIAL – 90 mins £95



Chocolate contains fibre, essential fatty acids, proteins, glycerines, polyphenols, manganese, phosphorus, potassium, plus additional vitamins, which all combine to create very real and visible results. Polyphenols are known for their antioxidant properties, whilst glycerides deliver moisturizing lipids and fats to plump and firm the skin. The remaining minerals are necessary for healthy cell growth and renewal. In addition, because our products do not contain perfume, there is an unmistakable aroma of pure chocolate, which is known for its anti-depressant and stimulatory effect to lift and energise the spirit. Reward yourself with this unique Chocolate Facial. Coco offers the most advanced anti – ageing for the skin.

LE KALON SPA PACKAGES



JETLAG TREATMENT – 90 mins £120

Feel revived and uplifted after a long tiring journey with a Detoxifying Aromatherapy full Body Scrub followed by a Relaxing Aromatherapy Massage.



LE KALON TRANQUILLITY – 2 hrs £170

Spend the first hour in the Turkish Bath (Hammam) and release all those muscle stress factors and let our therapists begin the cleansing exfoliation ritual with Black soap and salt scrub, followed by an Indian Head massage finishing the tranquillity day with a Swedish Back Neck and Shoulder massage – with a complimentary glass of Champagne – to add the final touch to the perfect day.



GOLDEN DELIGHT – 2 hrs 15 mins £180

Begin your Golden journey with a Hammam session, allow your Therapist to carry out a full Black Soap Cleanse followed by a vigorous full body exfoliation with a Kessa Mitt and lovely scented Mineral Salt scrub. Relax whilst sipping on Tea and scrumptious Cakes before commencing a Cleopatra's Gold facial that will leave your skin feeling firm and luminous thanks to its rich firming blends of Caviar, Argan Oil, Vitamin E and Pearl Extracts. Leaving you feeling that of a true God/Goddess



LE KALON INSPIRE DAY – 90 mins £140

Take the time to escape and treat yourself to our traditional Turkish Hammam which will not only relax your muscles but will also provide therapeutic benefits. A selection of express treatments awaits your final journey with a mini Radiance facial and Aromatherapy massage. Enjoy a farewell treat of our selection of infused fruit tea.



THE OTTOMAN PRINCE/PRINCESS PACKAGE – 2 hrs 30 mins £200

Enjoy a luxurious spa day by relaxing in our traditional Turkish Hammam, followed by a mini Radiance facial to rejuvenate your skin. We will add a Swedish massage and finish your treatment with an express manicure and pedicure. Later you can indulge in a selection of tea, with some fresh fruit or nibbles.

LE KALON COUPLES PACKAGES



COUPLES ROYAL RETREAT – 3.5 hrs £420

Enter on a journey with a loved one ...one where you will be immersed in the age -old cleansing and bathing rituals...one where your senses will be indulged letting your mind and body surrender to pure relaxation and wellness. Commence your treatment in the Hammam – just as it was centuries ago – a social event, where the chitter-chatter flows as you reap the cleansing and purifying benefits from the Hammam Ritual. Stepping from the Hammam your dedicated Therapist will perform a back massage to relax all those hard worked muscles and kinks. Follow this with a luxurious La Sultane de Saba Hand/Foot Ritual that will transform your hands/feet into tip top shape leaving them soft, silky and as light as a feather. Finish of with an indulgent Cleopatra's Gold Facial containing precious 23-Carat Gold, Caviar, Pearl Extracts, Vitamin E and Argan Oil which help smooth away fine lines and leave your skin young and radiant again. Then take a moment to relax in our private relaxation area where you may indulge in a choice of fruity teas, chocolate cakes and pastries.

(Please not price stated is for two people as this package is especially designed for a couples retreat, anniversaries and honeymoons – package may be booked for one person alone at £230.)

BEAUTY BASICS

MANICURES & PEDICURES

LUXURY MANICURE – 60 mins £55

Luxury Manicure includes a file, cuticle work, exfoliation, massage, mask finished of with a paint of the nails with your chosen colour.

LUXURY PEDICURE – 60 mins £60

Leave with your feet as light as a feather with this full Luxury Pedicure, includes a file, cuticle work, exfoliation, massage, mask finished of with a paint of the nails with your chosen colour.

MINI MANICURE – 30 mins £30

A quick file of nails, cuticle work and paint to maintain hands in tip top shape.

MINI PEDICURE – 30 mins £35

A quick file of toe nails, cuticle work and paint to maintain feet in tip top shape.

RE-VARNISH – 15 mins £22

WAXING

HALF LEG – 30 mins £25

FULL LEG – 45 mins £38

BIKINI LINE – 15 mins £20

FULL LEG & BIKINI LINE – 60 mins £55

UNDER ARM – 10 mins £20

TINTING

EYELASH TINTING – 20 mins £20

EYEBROW TINTING – 15 mins £15

EYELASH & EYEBROW TINTING – 30 mins £30